

### SESSION 3

Skin rejuvenation, laser genesis and dermaroller, then a light chemical peel, all to address the seven signs of ageing (see below), improving blotchy skin, reducing fine lines and pore size, promoting collagen rejuvenation and tightening the skin.

Dr Hkeik believes good communication between doctor and patient is vital to producing satisfying results. "I am a very good listener and I always take a patient's concerns very seriously, regardless of how large or small they are. As a cosmetic physician, my duty is to help patients express, in their own terms, their concerns about their appearance and the steps they can take to improve it. It's important to establish why the issue is happening, then treat the issue and its cause."

Creating natural results is paramount. "Ultimately, the end result has to add beauty to the face, while remaining natural," says Dr Hkeik. "As you don't see the final result immediately following the procedure, one of the hardest things about remaining natural is to visualise the end results while doing the work. I spend a long time during a consultation talking with my patient to understand them, their personality, their desires and their hopes. I always revisit the plan we design for a patient and modify it according to their needs and circumstances."

Perfecting the art of the Liquid Facelift requires experience in cosmetic medicine, an in-depth understanding of the latest products and procedures, and a finely-tuned sense of aesthetics. Dr Hkeik's style is personal, genuine and warm, and he is keenly attuned to the emotional issues associated with a patient's change in appearance. In a field where experience counts, his expertise in the art of his technique, combined with his exceptional communication skills, allows him to identify patient concerns and develop customised treatment plans for extremely personalised, patient-specific outcomes. 🌿

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#### 7 SIGNS OF AGEING

1. Fine lines and wrinkles
2. Rough skin texture
3. Uneven skin tone
4. Skin dullness
5. Visible pores
6. Blotches and age spots
7. Skin dryness



### Case Study

#### Treatment time

Consultation (30 minutes), filler and botox (60 minutes), skin treatment (60 minutes).

#### Downtime

A few hours - to recover from mild redness, swelling, bruising and slight tenderness.

#### Initial cost

Around \$3,000.

#### Maintenance

Skin rejuvenation is maintained through home treatments and, when necessary, treatment in the clinic. This depends on each person's status pre-treatment, but as a general rule:

- botox 2 to 4 times per year (from \$200);
- filler every 9 to 16 months (from \$440).