

nose

non-surgical nose sculpting

Sydney cosmetic physician **Dr Joseph Hkeik** explains how non-surgical rhinoplasty using fillers can balance the nose with the rest of the face. Gillian Samuel reports.

For people who have irregular features to their noses, there is a quick non-surgical solution that involves no down time, little discomfort and relatively low cost, according to Sydney cosmetic physician Dr Joseph Hkeik.

Dr Hkeik performs non-surgical rhinoplasty using injectable dermal filler and has appeared on the popular television show *Mornings with Kerri-Anne* to discuss the procedure and demonstrate it on real-life subjects.

'I call it nose sculpting,' he says, adding that this simple treatment can often achieve dramatic results.

'Candidates for the procedure are those with minor external nasal deformities, depressions, asymmetries or anyone who has a collapsed nasal bridge or saddle nose.'

Dr Hkeik says it is also very effective for post-surgical corrections after rhinoplasty where the result has been less than satisfactory, 'where part of the nose has collapsed or the surgery has been overdone or the result is asymmetrical. I do quite a bit of "tidying up".'

Other applications for non-surgical rhinoplasty are bridge augmentation which is especially popular with Asian patients, correction of a hump on the dorsum of the nose where careful balancing with filler can make the nose appear

straight and the bump disappear, making the nose rounder if the bridge is squarish or beaky in shape and rounding and shaping of the tip. 'We can even lift the tip of a drooping nose by 1 or 2mm by injecting product at the base of the nose so that it forces the tip up,' he says.

'The procedure involves placing a small amount of product in the right position so that the nose doesn't stand out'

'The procedure involves placing a small amount of product in the right position so that the nose doesn't stand out. It's very much about harmonising the nose with the rest of the face.'

Dr Hkeik believes the face can be divided into three triangles of beauty, the most important being the expressive triangle of beauty formed by the eyes and mouth, followed by the structural triangle formed by the cheekbones and

chin, with the subconscious triangle of beauty formed by the forehead and tip of the nose.

'The nose belongs to the subconscious triangle of beauty so it shouldn't be an outstanding feature like the eyes and mouth, and it should definitely not be the most noticeable feature,' he explains. He aims to make the nose complement the other features and balance the face overall.

'To summarise, it's a non-surgical procedure designed to improve the appearance of the size and shape of the nose. It doesn't affect breathing or any internal aspects of the nasal functions.'

Dr Hkeik says non-surgical rhinoplasty is a short procedure with a predictable outcome, which involves some discomfort but not pain. 'Most fillers will leave residual redness and slight tenderness for a few hours to days, slight swelling and occasionally bruising but the upside is the patient will see results at the end of the half-hour treatment.'

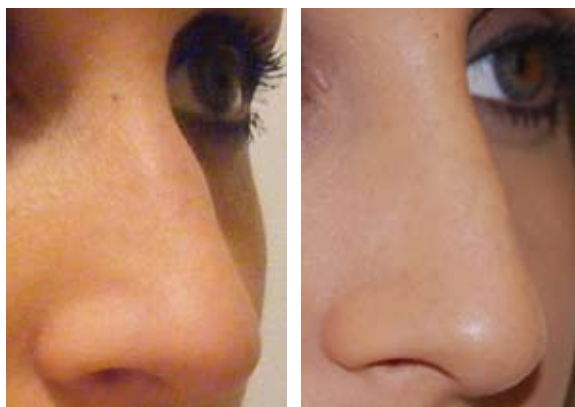
For female patients he applies a little mineral makeup to the treated area 'and they can pretty much go back to work immediately'.

Dr Hkeik says for people who have realistic expectations of what can be achieved without surgery, non-surgical rhinoplasty is a more affordable option, with no down time compared to the weeks off work required by an operation, and one that can deliver a harmonious and aesthetically pleasing result. **acsm**



BEFORE

AFTER nose sculpting by Dr Hkeik



BEFORE

AFTER nose sculpting by Dr Hkeik

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