

## CASE STUDY 16

DR JOSEPH HKEIK'S SATISFIED PATIENT TALKS ABOUT HER EXPERIENCE WITH DERMAL FILLERS. FRANCIS HERRON REPORTS.

Jill Lavac works in the cosmetic medicine industry, so when it came time to undergo a little rejuvenation, she knew exactly who she wanted to see.

In the past, Lavac has had collagen injected into her lips, but this time around she decided she wanted something that would look and feel more natural. The 46 year old says she went to see Dr Joseph Hkeik of All Saints Cosmedical Clinic in Sydney with nothing more specific in mind than something that would freshen up her appearance.

'I had my son's formal coming up and then my husband had a big birthday approaching, so I wanted to look refreshed,' Lavac explains. 'I just said to Dr Hkeik, "Make me look better" – and he did! I trusted him to choose the right procedure,' she says.

Lavac chose Dr Hkeik because she wanted someone who would be able to create a beautiful and harmonious result. 'I think many doctors are predominantly left-brained, which gives them the analytical skills they need to complete a medical degree,' she says.

'Dr Hkeik has it all, though. He's creative, so he can envisage ways to balance your face perfectly, rather than just doing a procedure without looking at the whole person in an artistic sense.'

After a lengthy consultation during which they discussed Lavac's concerns and options, Dr Hkeik decided he would use injectable hyaluronic acid-based filler to add volume to Lavac's cheeks and lips, and to fill in the hollows around her eyes.

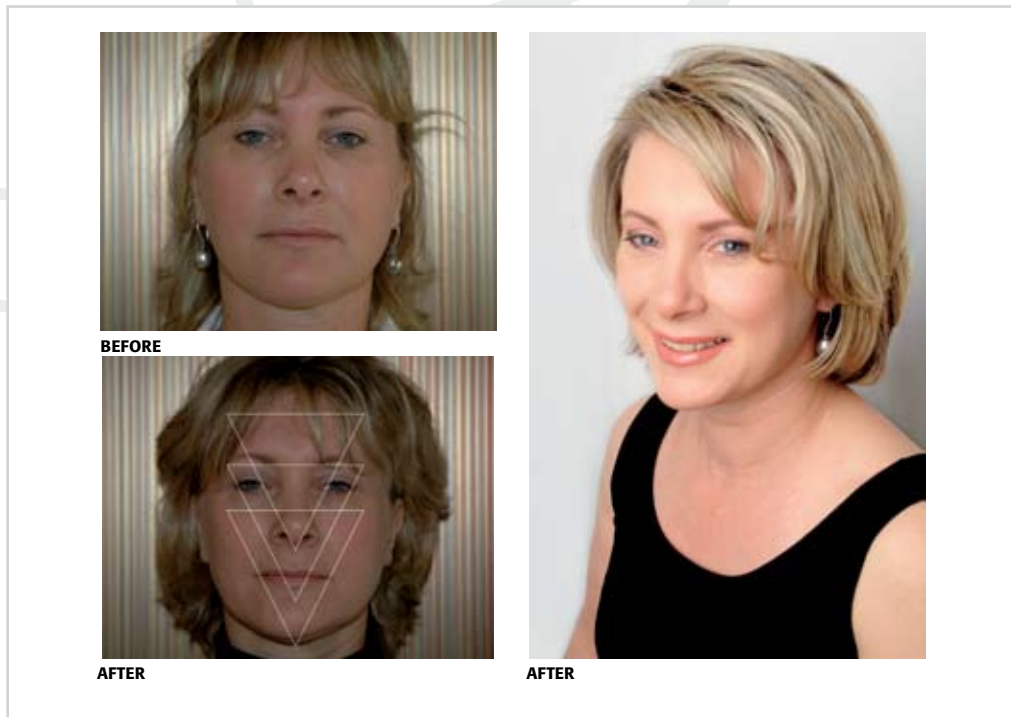
'We also talked about having realistic expectations, which was really important,' Lavac says. 'I needed to understand that it wasn't a facelift. He was careful to make sure we were both on the same page in terms of the expected outcome'

Lavac prefers the hyaluronic acid-based filler over the collagen she has had in the past, saying it feels much softer and more natural while adding a dramatic amount of volume to her face.

The fillers last for around six to nine months, but Lavac says she knows the treatment is one which she will need to maintain regularly. She compares it to keeping up a hair colour which would otherwise grow out.

'I think the point to make is that fillers should be maintained regularly. If you go back after six months you'll need less filler than you did on the first visit.

'You won't have that looking great-not looking great-looking great again yo-yo effect,' Lavac says. 'It's much better to have less but more often.'



## CASE STUDY 17

DR HKEIK PRIDES HIMSELF ON HIS ABILITY TO TAILOR INDIVIDUAL LIP ENHANCEMENTS FOR A SUBTLE, NATURAL-LOOKING EFFECT.

