

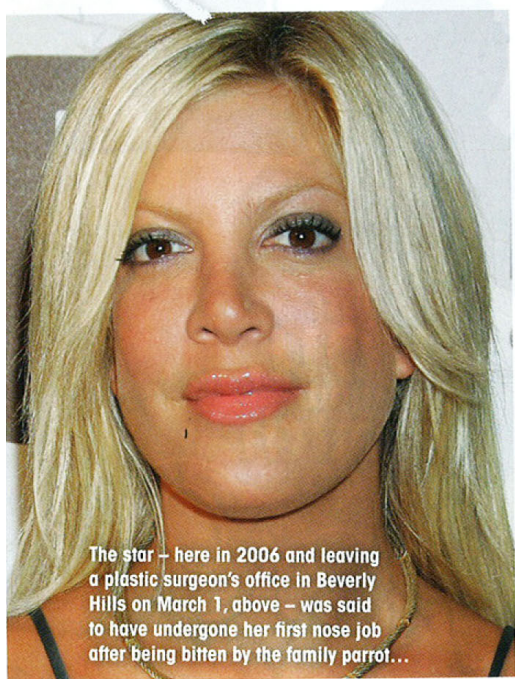
This week's



Surgery shocks

CHANGING FACES

The stars admit that sometimes, when it comes to surgery, less is more!



The star – here in 2006 and leaving a plastic surgeon's office in Beverly Hills on March 1, above – was said to have undergone her first nose job after being bitten by the family parrot...

Tori Spelling has been advised to give up plastic surgery for good, after pictures emerged of the 37-year-old actress with a deep dent on the side of her nose.

Bare-faced with her head covered in a knitted beanie as she left a plastic surgeon's office in Beverly Hills on March 1, Tori's nose appeared sore and swollen, which Dr Joseph Hkeik of Sydney's All Saints Cosmedical Clinic believes could be from an attempted repair job.

'Tori's nose job result was never perfect from the beginning. However, it does look like they have taken out a little extra cartilage at her last surgical rhinoplasty,' Dr Hkeik tells

OK!. 'Her nose bridge is collapsing halfway along its length and she is getting a bend in the tip towards the left side.'

Tori had her first bout of rhinoplasty at the age of 16. In her book, *sTORI Telling*, the former *Beverly Hills, 90210* star blamed many of her insecurities on her mum, Candy. 'My mother told me I'd be pretty "as soon as you have a nose job". I always claimed, only half joking, that that moment had scarred me for life,' she wrote.

But Dr Hkeik believes Tori should avoid further operations and undergo a non-invasive 'liquid nose job' instead. 'My advice would be stop getting more surgery,' he tells OK!, and since she consumes dermal filler for the rest of her face, I would say, "Tori, get your nose filled!" **OK!**