



BREASTS

AT HOME: Intensive Bust Compound, \$285, by Sisley, 1300 780 800.

WHAT IS IT? This botanical-packed cream helps firm and tone the delicate skin of the décolletage and bust.

IN THE ROOMS: Macrolane (the boob jab), from \$5000, macrolane.com. (Currently waiting for official sign-off from the Therapeutic Goods Administration.)

WHAT IS IT? A thickened form of hyaluronic acid that can be used as a soft tissue enhancement filler for minor breast enlargements (giving a slightly larger cup size). It's applied with a good dose of local anaesthetic and lasts from one to two years.

IN SURGERY: Breast augmentation, from \$13,500, rastogi.com.au.

WHAT IS IT? There are many factors to be discussed with the surgeon, such as whether to place the implant underneath or on top of the muscle. Incisions are either made in the crease under the breast, around the nipple areola or in the armpit. P-ure implants (aka the Furry Brazilians) are the latest innovation. These counteract the sagging (with their "velcro" effect) and hardening (via the "lattice" effect) that can occur with existing breast implants.

BACKS OF HANDS

AT HOME: DMS Hand Cream, \$45, by Dermaividuals, dermaividuals.com.au.

WHAT IS IT? This state-of-the-art hand cream stabilises the water balance to help prevent chapping and protects skin from harsh environmental stresses.

IN THE ROOMS: Benefit Peel, \$150, by CosMedix, allsaintscosmedical.com.au.

WHAT IS IT? This is the ideal peel for hands with sun damage. It contains potent vitamins A and C to combat UV damage and leaves skin firm and hydrated, without excessive peeling.

IN THE ROOMS: Restylane Vital hand treatment, from \$300, conceptcosmeticmedicine.com.au.

WHAT IS IT? Dr Neal Hamilton says, "This product offers a wonderful cost-effective solution for scrawny, crepey hands." Very fine needles are used to inject microscopic particles of hyaluronic acid into the backs of the hands to make them look rejuvenated. **m**

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